



Vasco da Gama Movement

Annual National Report for Romania

For the attention of the Vasco da Gama Movement Europe Council, May 2018

Basic Information

1. Name of NEC: **Mihai Mara**
2. Do you have a Regional Exchange Coordinator (REC)? **No**
3. Do you receive financial support from your country's GP organization? **Yes, some expenses are covered.**
4. Do you have a National organisation for Family Medicine trainees? If so, what is it called? **We don't have an organisation, we have a group within the National Society of Family Medicine, called tineriMF (=youngGPs), consisting of both trainees and new Family Doctors.**
5. Do you have a National organisation for new Family Doctors, i.e. for the first five years after completion of training? If so, what is it called? **We don't have an organisation, we have a group within the National Society of Family Medicine, called tineriMF (=youngGPs), consisting of both trainees and new Family Doctors.**

6. To your best estimate, approximately how many new (First 5 years of specialisation) GPs are involved in your national organisation for new GPs?

370 new GPs from the total of 680 members of the group (trainees + new)

7. To the best of your knowledge, approximately how many GP trainees and new GPs in your country are actively involved in VdGM? **At most 10.**

National Challenges and Successes

8. Please describe any workshops, presentations, posters, collaborations or other core activities undertaken by your young doctors organisation in the past year.

We had special workshops at the National Congress of Family Medicine in Brasov, and at the National Conference in Bucharest, where there were presentations about young family doctor's struggles, business solutions, different career options, pediatric care.

We organized a Conference Exchange in Cluj-Napoca in May 2017; we had 8 young GPs from Ukraine, Turkey, Spain and Portugal and we set up a nice scientific program as well as a great social program.

9. What have been the key challenges this year for your young doctors organisation in the past year? If you do not have a national young doctors organisation, please list what you think are the key challenges for young family doctors in your country in general?

- One of our youngGPs group challenges is to have regional coordinators for all medical universities cities in Romania. We managed to cover more university cities in the past year, so that's a big win.

- The increased trainee period from 3 years to 4 years and adapting to it.

- The quality of the training.

- The salaries.

10. What have been the key successes this year for your young doctors organisation in the past year? If you do not have a national young doctors organisation, please list what you think are the key successes for young family doctors in your country in general?

A constant presence at national conferences with dedicated timeslot, a visible (and growing) force.

Organizing the Cluj Conference Exchange in May 2017.

11. What are your personal +/- or national young doctors movements goals and priorities for the year ahead?

Increasing the number of members, reaching out to the new trainees and motivating them to get involved, not to be so passive anymore.

VdGM

12. Please list the top 3 ways in which you believe VdGM could improve:

Better visibility, better promotion by Wonca, better website (more user friendly)

13. Please give suggestions how we can make Council meetings productive and enjoyable.

The way it was held in Prague in 2017 was really great. Skipping all unnecessary talks and focusing on important matters (since we meet only once per year)

14. Can you suggest one specific measure / intervention you think would be most likely to get GP trainees and new GPs in your country involved in both your national organisation and / or VdGM.

Cheaper fares at conferences - this one already exists and still people don't get attracted by this. Maybe having a partnership with a Medical Software company or Medical Equipment company, and to have special discounts for members.